

TOP REVISION TIPS

Don't let the stress of revision overwhelm you. Stay in control with these top tips.




gcsepod
education on demand



1

START AS EARLY AS YOU CAN

Cramming at the last minute is stressful and has limited success.



2

MAKE A PLAN

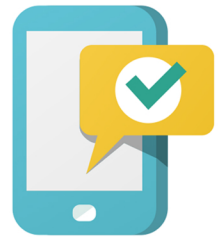
Work out how much time you have and how long you can spend on each subject.



3

CREATE A STUDY SPACE

Find a quiet spot away from distractions and keep your things all in one place.



4

MIX IT UP


Use a mixture of revision for best results. See our metacognition pods for more info.



5

TAKE REGULAR BREAKS


It is possible to work too hard, make sure to take regular breaks.



6

REVISE WITH A FRIEND


Talking through what you've learned can help information stick.



7

USE PAST PAPERS

These are a great way to get used to exam format and testing what you have learnt.



8

EAT HEALTHY

Certain foods boost your brainpower and will help you remember more.